STUDENT QUARANTINE PROTOCOL FOR IN-SCHOOL EXPOSURE (TK-12)

A Student Is Exposed at School

Exposure is defined as more than 15 minutes over a 24-hour period within 0-6 feet, or having direct physical contact for a shorter period of time (like hugging, kissing, or playing high-contact sports together).

Is the student fully vaccinated?

- NO
  - Were both parties masked?
    - NO
      - Exposed student may remain in school on "modified" quarantine IF they agree to twice weekly testing. See Figure 2.
    - YES
      - No quarantine needed. Student may remain in school and monitor for symptoms for 14 days.
  - YES
    - Does student have symptoms of COVID-19?
      - NO
        - Student must stay home and be tested.
      - YES
        - Begin traditional quarantine. See Figure 1.

- YES
  - Does student have symptoms of COVID-19?
    - NO
      - Student must stay home and be tested.
    - YES
      - NEGATIVE TEST RESULT
        - Continue modified quarantine after negative test, as long as symptoms are consistent with their school's non-COVID illness policy. If new symptoms develop, they should stay home and test again.
      - POSITIVE TEST RESULT
        - Isolate as outlined in Figure 3.

Figure 1
- Traditional Quarantine *
  - Stay home 10 days after the day of most recent exposure
  - If tested day 6 or later, may return to school after day 7 with negative results (full quarantine shortened by 3 days with testing)
  - Continue monitoring for symptoms and wearing a mask in all public settings through day 14 after last exposure

Figure 2
- Modified Quarantine *
  - Continue to come to school IF mask is worn at all times AND student agrees to twice weekly testing for 10 days
  - Without 2x weekly testing, student must complete traditional quarantine
  - No extracurricular or community activities
  - Quarantine ends after day 7 with negative test conducted day 6 or later with no symptoms
  - Continue monitoring for symptoms and wearing a mask in all public settings through day 14 after last exposure

Figure 3
- Isolation Protocol *
  - If positive for COVID-19, or symptomatic and declining to test, isolate at home until:
    - At least 10 days since symptoms began OR at least 10 days since the date of the first positive COVID-19 PCR test if they have no symptoms
    - Fever-free for at least 24 hours without the use of fever-reducing drugs
    - Other symptoms have improved
  - Isolate as outlined in Figure 3.

*If anyone develops symptoms, they should remain home and be tested. If they develop symptoms after a negative test was collected, they should stay home and get tested again. Anyone who develops symptoms should receive a negative PCR result and/or an alternate medical diagnosis, OR complete isolation (Figure 3) before returning.

The above flowchart applies only to TK-12 students. Regardless of masking, unvaccinated school staff who are exposed to COVID-19 at work should follow the quarantine guidance set by the most current Sonoma County Health Order. Vaccinated school staff do not need to stay home unless they develop symptoms or test positive.